

EDITORIAL COMMENT

# NT-proBNP

## The Gold Standard Biomarker in Heart Failure\*



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The concept of the heart as an endocrine organ emerged with the discovery of the atrial natriuretic peptide (ANP) by de Bold et al. (1) in 1981, followed later by the discovery of B-type remodeling of the heart, and metabolic disease (2,3). Reduced bioavailability in early hypertension and asymptomatic heart failure (HF) (Stage B), as well as an increased concentration of biologically inactive